







# Raising a family can be hard...

... help and support can make a real difference

## What is the Brighter Futures program?

The Brighter Futures program is a deadly program to help you give your mob a good start in life. It can also help you work through any problems you might be having.

Brighter Futures can help you with a lot of different things including:

- Child care
- Playgroups
- Home visiting
- Parent groups
- Access to other services to help you get on your feet:
  - drug and alcohol counselling
  - · financial management
  - employment services
  - · and many others.

We all want our kids to be happy, healthy and safe. To achieve this, the Brighter Futures program is helping many families in NSW.

Like many Australians, some of our mob struggle with parenting for a lot of different reasons, such as being a sole parent, low income, unemployment, no access to important services, drug and alcohol addictions and family/domestic violence.

"I'm a single mother of one and had no supports. But since I requested



being part of the Brighter Futures program, I have found support from my worker, who also embraced my Aboriginality. Now I have been linked with culturally appropriate services, which are helping me keep my family together.

Tracy 55

It's been a good experience.
John, our caseworker is always there for us.



I know he helps a lot of families, but he always makes us feel like we are his number one priority.

Anthony and Lisa



#### Is this program for me?

If you think you need help, don't be shamed, Brighter Futures will work hard with you to get you back on track.

You can have a yarn with a Brighter Futures worker about what things are going well and what things you think you might need some help with.

Brighter Futures can work in many ways. It is always a unique service put together to fit the special needs of your mob!

Tell us what your needs are and we will assist you to achieve them the best we can.

### How does Brighter Futures work?

Brighter Futures works with you for around two years, depending on you and your mob.

# What if I start Brighter Futures then don't want to do it any longer?

If you decide that Brighter Futures is not for you, then you are free to stop the program at any time – it's your choice.



My caseworker is working with us. He is helping me clean my house and



have a safer home for my family, he has come to pick me up for groups. I didn't think DoCS did that sort of stuff. Roberta

The brighter futures program can help you get the services you need.

The Brighter Futures Program is a joint partnership between the NSW Department of Community Services and non-government agencies to provide early intervention services to NSW families.

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