



Being a parent can be tough...

... help and support can make a real difference

What is the Brighter Futures program?

The Brighter Futures program provides support and services that will help you give your children a good start in life. This can stop problems from getting worse.

Services available through the program include child care, playgroups, home visiting and parent groups. Joining the program is voluntary.

We all want our children to be happy, healthy and safe. The Brighter Futures program supports lots of different families.

Some families struggle with drug and alcohol problems and others experience domestic violence. Many parents don't have support from family or friends and find parenting tough.

“ I'm a single mum with three kids under eight. I don't have any family living close by, and I was worried because I wasn't coping and was taking a lot out on my kids. I now have a home visitor four hours a week and just having a friendly ear has made a big difference to my life. My kids are a lot happier and I've got someone to talk to when I'm finding things hard. ”



Is this program for me?

A report to DoCS Helpline about your children suggests that your family could need help from this program.

You can talk to us about how you are coping with parenting and whether you would like help with any difficulties you are facing.

“ My partner used to take drugs and I'd have no choice but to leave my kids with her when I went to work. I was worried what would happen to them and I thought I was a bad parent. A Brighter Futures worker looked at the strengths we had as a family and helped me get child care and get my partner into rehab. ”



How does the program work?

A Brighter Futures worker will talk with you about what is working well for your family and what you are finding tough. You can talk about what support you have and what problems you want to tackle and in what order.

Together, we will plan for the services and support that are right for your family.

“ I always thought Sam was deliberately trying to make me angry when he threw tantrums and I was not proud of the way I treated him. After going to the parenting programs, I learnt what he does is normal. They taught me ways to cope and deal with Sam’s behaviour better, rather than getting angry and taking it out on him. ”



The Brighter Futures program can help you get the services you need.

The Brighter Futures program is a joint partnership between the NSW Department of Community Services and non-government agencies to provide early intervention services to NSW families.

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